

GRATED VEGETABLE KUGEL

INGREDIENTS:

2 large carrots

2 zucchini

1 kohlrabi

4 eggs

¼ c oil

¾ tsp salt

¼ tsp pepper

INSTRUCTIONS:

Preheat oven to 400°. Grate vegetables thinly. Add rest of ingredients and mix well. Bake in 9x13 pan for 1 hour and 15 minutes.

Diet by

Sheindy

Live and Lose!