

ONE POT CAULIFLOWER PIZZA

INGREDIENTS:

Cauliflower florets (bite-size)

Onion

oil

Pizza sauce

Shredded cheese

INSTRUCTIONS:

Sautee onion in oil. Add cauliflower florets to pot. Sautee until cauliflower is softened. Add sauce and heat thoroughly. When florets and sauce are boiling hot, add cheese, turn flame off, and mix until cheese is melted.

Diet by

Sheindy

Lose.