

NO-SWEETENER CUCUMBER SALAD

INGREDIENTS:

- 1 English cucumber
- 1 small onion
- 1 T apple cider vinegar
- ¼ tsp salt
- ¼ tsp pepper
- 2 T fresh dill (opt.)

INSTRUCTIONS:

Peel squash partly to create stripes and slice thinly. Cut onion in half and slice. Add rest of ingredients and toss. Let marinate at least 30 minutes before serving.

Diet by

Sheindy

Live and Lose